

CPR (Center for Prayer Renewal) is not a place but a ministry established to assist individuals who are interested in deepening their Spiritual Formation through His Word and prayer.

NEW Retreat Location in the Portland Area!

October 25 (1PM) – October 27 (noon) 2010

Griffin Retreat Center – Milwaukie, Oregon

Phase I Retreat** (only) with room for 16 participants



Anyone interested in deepening prayer and meditation is invited to these retreats.

\$160 per person includes lodging and all meals!

See details below.

Contact Susan Olson to register for this retreat.

susano@nowlcms.org

or 1-888-693-5267 ext 120 or 503-288-8383 in the Portland-Metro area.

Space is limited – register early!



The Griffin Center is located in Milwaukie, Oregon, not far from Hwy 205 and the Clackamas Town Center. It is nestled between La Salle High School and Christ the King Parish. Once a convent, it was completely remodeled in 2003 to act as a retreat house, education & conference center. The large campus offers a nice quiet atmosphere, perfect for retreats.

\$160 per person covers:

- 2 nights lodging
 - One person per room with private bathroom (couples ARE given separate rooms)
 - Linens and towels are supplied, but each participant is asked to strip their bed and make it with new sheets prior to leaving.
- 5 Meals
 - ALL meals (and snacks) from dinner on Monday through breakfast on Wednesday
 - Dinners and lunches will be provided via a caterer; Breakfasts (simple-fare) will be provided by CPR coordinators.
- Material, workbooks, and resources are provided also. Please bring your Bible and a journal/notebook.

Additional details:

- We will be the only group on site.
- There are outdoor meditative areas for walks and contemplation and it is nicely private.

Griffin Center address:

11957 SE Fuller Road

Milwaukie, OR 97222

For more information about the Griffin Center go to

<http://www.archdpdx.org/ministry-formation/GriffinCenter/Facility.htm>

**** Phase I Retreat**

You will be led through a variety of prayer and meditations practices, and have the opportunity to use them individually and with other attendees. It is our prayer that that your daily life will be enhanced and deepened by the Holy Spirit through this retreat.

Basic details: ! Please plan to limit cell phone use and leave computers or work related items at home!
There are no televisions or phones in the rooms. Bedding, towels are provided.
Each participant (including couples) will have a private room



CPR team members:

Pastor Richard Kiessling
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Pastor Richard (Pete) Peterson
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Pastor Bruce Rumsch
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Pastor Terry Merrill
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