

*Co-Sponsored by:  
PTSD Clinical Team, Portland VAMC  
Mental Illness Research, Education, and Clinical Center (MIRECC)  
Oregon National Guard Reintegration Team  
Employee Education System, Boise Center  
The Oregon National Guard  
The Portland VAMC Mental Health Division*



# ***Caring for Post-Deployment Soldiers and Their Families***

**A Day-Long Conference to Discuss the Mental Health Needs of  
Soldiers Returning from Iraq and Afghanistan**

*Friday, November 4, 2005*

*8:00 am - 4:00 pm*

*Canby Grove Conference Center*

*Canby, Oregon*

Send Registration Forms to: Boise EES, 500 W. Fort Street, Boise, ID, 83702, FAX: 208.422.1377

***This conference will feature speakers from the VA, National Guard, Vet Centers, and the  
Community***

# Program Agenda

- 8:00 – 8:30 am Introduction/Welcome
- 8:30 – 9:30 am Setting the Stage: Life in Iraq, Afghanistan, and at Home  
***A Panel of Soldiers and National Guard Family Coordinators***
- 9:30 – 10:30 am Keynote Address: Important Issues in Listening, Understanding, and Serving our Returning Soldiers and Their Families  
***Michelle Sherman, PhD***
- 10:30 – 10:45 am Break
- 10:45 – 11:45 am Perspective of Reservists and Professionals: A mental health professional talks about being deployed and providing care in the field and at home  
***MAJ Scott Babe, MD***
- 11:45 – 1:00 pm LUNCH
- 1:00 – 1:45 pm Panel Presentation: Family Issues/Assessment/Intervention  
*Moderator: Jim Boehnlein*  
*Michelle Sherman, Dave Shaw, Patricia Chandler, Darcy Woodke, James Funk*
- 1:45 – 2:30 pm Panel Presentation: Diagnosis and Treatment  
*Moderator: Michael Reaves*  
*Lynn Van Male, Scott Babe, COL Sam Ruben, Steven Tice, Gary Hunter, Greg Anderson*
- 2:30 – 2:45 pm Break
- 2:45 – 3:30 pm Panel Presentation: Co-Morbidity  
*Moderator TBA*  
*MAJ Thompson, COL Sam Ruben, Other members TBA*
- 3:30 – 4:00 pm Confidentiality Issues  
*DoD and VA District Council Representatives*

**Michelle Sherman, PhD**, is a clinical psychologist who is also the Director of the Family Mental Health Program at the Oklahoma City VAMC. She holds a clinical associate professor faculty position at the University of Oklahoma Health Sciences Center in the Department of Psychiatry and Behavioral Sciences. She is the co-chair of the Family Studies Team at the VISN16 South Central Mental Illness Research, Education and Clinical Center (MIRECC). Her research interests include family psychoeducation regarding mental illness, mental health stigma, and the family experience of posttraumatic stress disorder.

**Scott Babe, MD**, is a psychiatrist at the Salem Hospital, and a Major in the US Army Reserve, based in Helena, MT. He was deployed to Afghanistan with the 1835th Medical Detachment from Dec 2002-June 2003, and Iraq with the same unit from Dec 2004-April 2005. In Afghanistan he served in Bagram, and was responsible for the care of personnel from different branches of service, organizations, and the US Embassy in Kabul. He was awarded the Bronze Star for his service in Afghanistan. In Iraq he was stationed in Tikrit, and was responsible for combat stress control, hospital inpatient care, and primary psychiatric care for the Corps' support elements. He was awarded the Army commendation medal for his service in Iraq.

# Registration Guidelines

## Accreditation

### Accreditation Council for Continuing Medical Education (ACCME)

The VA Employee Education System is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## Continuing Education Credit

### Accreditation Council for Continuing Medical Education (ACCME)

The VA Employee Education System designates this educational activity for a maximum of 6 hours in category 1 credit towards the American Medical Association Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

## Continuing Education Credit

### Association of Social Work Boards (ASWB)

VA Employee Education System, Provider Number 1040, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), (1-800-225-6880) through the Approved Continuing Education (ACE) program. VA Employee Education System maintains responsibility for the program. Social workers will receive 6 continuing education clock hours in participating in this course.

## Accreditation

### American Nurses Credentialing Center (ANCC)

VA Employee Education System is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

## Continuing Education Credit

### American Nurses Credentialing Center (ANCC)

VA Employee Education System designates this educational activity for 7.2 contact hours in continuing nursing education

## Approval

### American Psychological Association (APA)

The VA Employee Education System (EES) is approved by the American Psychological Association to sponsor continuing education for psychologists. EES maintains responsibility for this program and its content.

## Continuing Education Credit

### American Psychological Association (APA)

As an organization approved by the American Psychological Association, the VA Employee Education System is offering this activity for 6 hours of continuing education credit. The Employee Education System maintains responsibility for the program.

## Planning Committee Co-Chairs:

Mike Maxwell and Shannon Squire

## Planning Committee:

Leslie Burger, Jim Boehnlein, Carol Brown, Don Callender, Pat Chandler, David Collier, LuAnne Couture, Jack Heims, Ray Lewallen, Scott McCrae, Jim Sardo, Tom Schumacher, Ruth Ann Tsukuda, Anne Toothaker, Mark Ward, Peter Wood

## Goals/Objectives of the Conference:

*At the conclusion of this conference, attendees should be able to describe the most common medical and psychiatric problems among OEF/OIF returnees; discuss the challenges that individuals and families face in reintegration; identify effective treatment approaches; and describe existing resources to address social, financial, educational, and vocational needs.*

This Conference is FREE to VA, Vet Center, and National Guard Employees, BUT  
**Registration is Necessary**

## Conference Pricing:

**There is a registration fee of \$25 for all attendees who are not employees of the VA, Vet Center, or National Guard**

## Directions to Canby Grove:

### From Portland (I-205 South):

- Heading **SOUTH** on **I-205**, take the **Oregon City (99E) Exit #9** (just South of Gladstone)
- Turn **LEFT** onto **McLoughlin Blvd / 99E South** (make sure you are in the right lane now – the left lane becomes a turn-only lane)
- Follow **99E South** for 10-15 minutes (**10 miles**) until you enter Canby
- Turn **RIGHT** on **Grant Street** (there are a *Texaco* and a *Blockbuster* on the corners)
- Go **STRAIGHT** for several blocks
- Turn **LEFT** on **Knight's Bridge Road**
- **Canby Grove** is on your **RIGHT**, as soon as you cross the Molalla River

### From Portland (I-5 South):

- Heading **SOUTH** on **I-5**, take the **Canby/Hubbard Exit #282A** (just south of Wilsonville). The exit becomes a two-lane highway
- Turn **LEFT** at the first stoplight (**Arndt Road**)
- Follow **Arndt Road** for 5 minutes (**3 miles**) (After a few minutes, Arndt Road curves to the right – **STAY TO THE LEFT / STRAIGHT AS IT BECOMES KNIGHT'S BRIDGE ROAD**)
- **Canby Grove** is on your **LEFT**

### From Salem (I-5 North):

- Heading **NORTH** on **I-5**, take the **Aurora/Donald Exit #278**
- Turn **LEFT** and pass under the freeway
- Immediately turn **RIGHT** onto **Bents Road**
- Follow **Bents Road** until it ends at **Arndt Road**
- Turn **RIGHT** onto **Arndt Road**
- Follow **Arndt Road** for about **4 miles** (After a few minutes, Arndt Road curves to the right – **STAY TO THE LEFT / STRAIGHT AS IT BECOMES KNIGHT'S BRIDGE ROAD**)
- **Canby Grove** is on your **LEFT**

# Registration Form

**\*\*\*this conference is free to va, Vet Center and National Guard employees\*\*\***

**\*\*\*there is a \$25 Registration Fee for attendees who are not employees of the VA, Vet Center or National Guard\*\*\***

**Attention VA and NG Employees: you can fax your registration directly to the Boise EES at 208.422.1377**

Name \_\_\_\_\_

Agency & Title \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_ Email \_\_\_\_\_

**If you are NOT an employee of the VA, vet center, or National Guard, please fill this part out AND MAIL TO:**

**BOISE EES, 500 W. FORT STREET, BOISE, ID, 83702**

**Total Amount Enclosed** (make checks payable to EES/TVCNEN) \$ \_\_\_\_\_

*There is a \$25.00 Registration Fee for all attendees who are not employees of the VA, Vet Center, or National Guard*

Check all that apply:  Fee Provider/VA contractor  Non-VA Attendee

**REGISTRATION DEADLINE: October 7, 2005**

*Questions? Call Shannon Squire at 503.220.3481 or email her at [shannon.squire@med.va.gov](mailto:shannon.squire@med.va.gov)*